## **Reflections on Project Give Back**

This year I have learned many things from Project Give Back. This program has taught me that one little action can make someone's life so much better. From this program I have learned about many charities and what they do. For example: The Jays Foundation helps kids get the chance to do sports.

My most favourite thing about Project Give Back was that I felt great about what I was doing. I felt amazing knowing I was helping someone who needed it.

I think it is important to participate because... Why would anyone not want to participate? The events and presenting is fun, cool and exciting. I think it is important to participate because it is a nice thing to do, it doesn't take much time and I am getting that much closer to being the best person I can be.

I think Project Give Back has changed me as a person because of my effort. I learned so much about my charity and life stories. If I tell my friends about the charity, and if they tell their friends and so on... it will create a chain and eventually everyone will know and some will help. I've never seen so many people from a community work so hard as Project Give Back.

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